

April 2026

ORANGE SUMMIT

NEWSLETTER



COMMUNITY REMINDERS

- **PET OWNERS:** Please make sure you are cleaning up your dog waste. With the snow melting we have noticed lots of dog waste throughout the community not being picked up. This is a lease violation and looks very unsightly in the community. Dog waste stations are placed throughout the community for your convenience.
- **PARKING:** If you have a townhome, please make sure you are utilizing your garage and driveway space for parking. Any other vehicles do need to utilize overflow parking. If you have a garden style apartment and have a garage, please utilize your garage for one of your vehicles. All other parking is going to be outside the front of your building or overflow.
- All kids under the age of 14 years old do need to be accompanied by an adult while in the clubhouse.

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RESIDENT EVENT

Kids Coloring Contest

Print off the coloring page and turn it into the office by 4/20! Winner will get a Spring themed Kids Gift Basket! Make sure to add your name and address on the back!

HOLIDAY HOURS

Our office will be closed for Easter, April 5th! If you have a maintenance emergency please contact 614-448-1424!



Garden Plots COMING SOON

Garden Plot Sign Ups will be opening this month on

APRIL 8, 2026

We DO NOT GUARANTEE that you will have the same garden plot as last year, or that you will have a plot again if you had a plot last year. They are available on a first come, first serve basis.

Sign ups will be available in the Leasing Office, and must be done in person.



REST • REFLECT • RESET

SOUND IMMERSION SERIES

HEART-CENTERED MEDITATION & SOUND
EXPERIENCE WITH KAREN BADER

FREE TO RESIDENTS



JOIN US FOR A ONE-HOUR SOUND IMMERSION AND MEDITATION DESIGNED TO CALM THE NERVOUS SYSTEM, REDUCE STRESS, AND SUPPORT HEART-BRAIN COHERENCE. THIS IMMERSIVE EXPERIENCE BLENDS THERAPEUTIC SOUND, GENTLE VIBRATION, AND HEART-CENTERED MEDITATION, INFORMED BY HEARTMATH® PRINCIPLES, TO ENCOURAGE DEEP RELAXATION, BALANCE, AND INNER CALM.

SOUND IMMERSION SERIES

Heart-Centered Meditation & Sound Experience

Free to Residents

Join us for a one-hour Sound Immersion and Meditation designed to calm the nervous system, reduce stress, and support heart-brain coherence.

This immersive experience blends therapeutic sound, gentle vibration, and heart-centered meditation, informed by HeartMath® principles, to encourage deep relaxation, balance, and inner calm.

WHAT YOU'LL EXPERIENCE

A variety of singing bowls

Gong

Drums and gentle percussion

SERIES DETAILS

Duration: 1 hour

Recommended for: Adults and older teens able to remain still

Please bring: Yoga mat, pillow, blanket, and eye mask (optional)

Important: Individuals who are pregnant, have pacemakers or hearing aids should consult a physician. Those with epilepsy or seizure disorders should not attend.

Space is limited • Reservations Required
Reservations sent out via Signup Genius
Questions: os@sregroup.com

